



# Destiny

The New Destiny Treatment Center newsletter  
www.newdestinytreatmentcenter.org

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## “Why can’t they stop?”

*Dr. R.W. Bolois, executive director*

“I can stop anytime I want to.”

“All I have to do is make up my mind.”

“Being able to quit is just part of my makeup.”

These are just a few examples of comments I’ve heard over the years from men trapped in addiction to drugs and alcohol.

Have you ever tried to stop a habit you practiced for years? We try to make

ourselves believe that we are able to master any part of our life at any

time. I listen to people almost daily discussing how difficult it is to stay away from sweets, to cut back on calories, to exercise daily. They even report withdrawal symptoms they experience from consuming less caffeine.



We usually try to end our habits for

health reasons. Many individuals with weight or health issues simply give up, saying, “It isn’t worth it. Why fight the ‘battle of the bulge’ or worry about keeping my sugar level down?”

We convince ourselves that no habit is too hard to stop if we find it creates too much strain in our life. So, we simply continue on, all the while wondering, “Why can’t drug addicts stop using? Why can’t alcoholics stop drinking?”

Last year, a man in his early thirties entered the New Destiny Treatment Center program. He was an alcoholic

*See “Why can’t they stop?”, page 2*

## Enduring the storm

*Client testimony by recent NDTC graduate James Swihart*

My family used to own a 500-acre farm with 250 milking

cows. Located near Sugarcreek, Ohio, it was a fourth-generation farm and I had hopes of passing it along to my son and grandson.



*James Swihart and daughter enjoy dinner together*

In spring 2002 we had to sell the farm due to financial problems. I was devastated because I had worked the farm from age 11.

I have been a Christian since October 10,

1990. I experienced 12 years of sobriety from alcohol and drugs, but was thrown into depression after I lost the farm. My doctor prescribed various ineffective antidepressants. His last prescription, Xanax, helped until I started abusing it and alcohol.

By April 2005 I hit an all-time low. I knew I needed to enroll in the New Destiny Treatment Center program.

*See “Enduring the storm,” page 3*

## Sober alternatives fun for residents

*Rev. Lester Rowan, assistant director*

It is difficult for New Destiny Treatment Center residents to imagine a life of laughter and fun that isn't attributed to the effects of drugs or alcohol. Caught in the vicious cycle of addiction, the men have long lost their enjoyment of life. Their substance-induced "fun" has been accompanied with sorrow, heartache, broken promises and smashed dreams.

The New Destiny program includes good old-fashioned fun. We want to show the men that a good time doesn't need to include harmful or illicit activities. Our recent experiences on New Year's Eve are a prime example of good fun with good friends.

As a child, I always enjoyed New Year's celebrations. I have fond memories of

church "Watch-night" services and family parties. My memories are of clean, wholesome fun and spiritual times of worship and prayer. It is hard for me to envision a New Year celebration as a negative experience.

For most New Destiny residents, however, memories of New Year's celebrations are not pleasant. Many of them have a hard time remembering any New Year's Eve celebrated without the use of alcohol or other mind-altering substances.

My wife and I were excited to attend the New Year's Eve celebration planned at New Destiny Treatment Center. Many friends of New Destiny attended to help make the evening memorable and fun for residents.

It was a blessing and privilege to be a part of the celebration this year. The men played games and ate the delicious food prepared by kitchen staff members Ella Norris and Lewis English. Our clients were obviously enjoying themselves and having fun while being sober and in their right minds.

As the celebration ended, Executive Director Dr. Bolois shared a brief message of spiritual exhortation and invited residents to share their thoughts about the upcoming year. One after another, they



*New Destiny residents enjoy good, clean fun!*

stood to express gratitude for New Destiny and the opportunity to start over without alcohol and drugs. Many men expressed their intention to follow God's will throughout the New Year and beyond.

Please keep these men in your prayers. Good intentions are admirable, but action must follow. Transformed lives are the result of God's grace, which comes about through prayer.

If you or a group with which you are affiliated would like to plan and provide "good, clean fun" for the residents, please contact us at 330-825-5202.

Thank you for all of your prayers and support. God bless you.



*Hartville Christian Choir brightens the day of NDTC residents during a recent concert.*

### Why can't they stop? (continued from page 1)

and had been drinking since he was a teenager.

He was a polite individual who was sincere about breaking his drinking habit. He worked hard and participated in classes and groups each day. He attended church services without hesitation. Everyone appreciated his commitment to stop drinking.

He stayed in treatment the full nine months of the program, then returned to

his hometown and his family. His father was happy and excited for him. He had changed and stopped drinking after many years of enslavement to addiction.

Shortly thereafter, we received word that he had died from acute alcoholism.

How could this be? He just went through nine months of treatment, was determined never to drink again, and was doing so well.

Did we fail our mission as a treatment center? Did the staff lack concern and

compassion? What went wrong? We should have been able to prevent this senseless death. But...we couldn't.

We have a choice whether to point fingers and start the "blame game" or to face the facts of substance addiction.

Next month, I will share some of the facts of addiction in an attempt to shed some light on why addicts and alcoholics have such a difficult time stopping their lifestyle.

# Booth Brothers to perform benefit concert May 11

Mark your calendars! Renowned southern gospel trio The Booth Brothers will perform a benefit concert for New Destiny Treatment Center Thursday, May 11, 2006. The concert will be held at Akron Baptist Temple (2324 Manchester Rd.) in Akron, Ohio.

A pre-concert meal will be offered. The meal, which will include roast beef and homemade pies, will be prepared by

NDTC cook Ella Norris.

Tickets are \$30 for dinner and the concert and \$15 for concert only. Seating is limited.

For tickets or information, contact Development Director Melinda Holsopple at 330-825-5202 (ext. 120) or at [mholsopple@newdestinytc.org](mailto:mholsopple@newdestinytc.org).



Thanks  
for supporting  
New Destiny!



## Enduring the storm (cont'd from page 1)

At New Destiny I have been given time to find healing for my emotional pain. I attend daily church services, Bible studies, classes, group counseling and individual counseling. I also read my Bible faithfully. All of these things are helping me rebuild a strong relationship with the Lord that will help me endure any storm in the future, large or small.

Thank you for praying for me while I have been in the New Destiny program. Please remember my family in your prayers as I work towards being reunited with them. I have three children, Heath (21), Tiffany (20) and Missy (17). Heath and his wife, Lindsey, have two children, Tyson and Ava.

## Memorial Contributions

*Contribution made by Rick Jedel in memory of Betty Jedel*



### **Yes, I want to help return husbands to their wives, fathers to their children and sons to their parents.**

I am enclosing \$ \_\_\_\_\_ as a:  900 Club Member (\$100 per month) beginning the month of \_\_\_\_\_, 200 \_\_\_\_.

(If partnering with a friend, please include full name and address of partner for tracking purposes.)

Monthly gift (other than 900 Club)       Annual gift       One-time gift

In memory of: \_\_\_\_\_  In honor of: \_\_\_\_\_

I prefer to donate by credit card:  Visa       MasterCard

Gift amount: \$ \_\_\_\_\_ Card #: \_\_\_\_\_ Exp. date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Signature (required): \_\_\_\_\_

Name: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ E-mail: \_\_\_\_\_

I am unable to contribute at this time, but I want to be a prayer partner for the New Destiny Treatment Center. Please continue sending the *Destiny* newsletter.

# NDTC receives technology grant

New Destiny Treatment Center recently received a grant from the Northern Ohio Golf Charities Foundation (NOGCF). Grant funds will be used to update NDTC computers and to implement an organizational electronic records system.

As an Ohio Department of Alcohol and Drug Addiction Services (ODADAS) certified treatment facility, NDTC is required to maintain a record of each client contact. Therefore, the sheer volume of paperwork generated during each resident's nine month treatment period makes filing and retrieving information a daunting task.

"The use of electronic records will eliminate unnecessary paperwork and give our counselors more time to assist residents," said Dr. R.W. Bolois, NDTC

executive director.

The NOGCF funded electronic system will allow counselors and nurses to enter information about a client into a computerized system. It will simplify record keeping and will better serve residents. Information will be password protected and accessible by authorized staff members from their desktop computers.

NDTC is grateful to the Northern Ohio Golf Charities Foundation for its generous support. Staff and volunteers look forward to assisting the charity at its annual World Golf Championships Bridgestone Invitational in August at the Firestone County Club, Akron, Ohio.

NOGCF is part of a volunteer organization that has sponsored professional golf



*NDTC records will soon be replaced by digital files, thanks to a grant from Northern Ohio Golf Charities.*

tournaments at Firestone Country Club for nearly 50 years. The tournaments have provided more than \$13 million to local charities seeking to improve quality of life in northeast Ohio.

Mailing list changes: Requests for change of address or removal from mailing list should be sent to Marlene Brink at (330) 825-5202 or mbrink@newdestinytreatmentcenter.org. Please remember it often takes at least one month for changes to take effect.

CHANGE SERVICE REQUESTED

6694 Taylor Rd.  
Clinton, OH 44216-9201

**New Destiny**  
**Treatment Center**  
*A ministry of Barberton Rescue Mission:*



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