



Destiny

The New Destiny Treatment Center newsletter
www.newdestinytreatmentcenter.org

6894 Taylor Rd. • Clinton, OH 44216-9201

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Plans begin for New Destiny Center SRO

The staff, board, and residents of New Destiny Treatment Center are praying for favor and funds from the Ohio Housing Finance Agency to help provide a new dormitory for our clients.

NDTC recently prepared and submitted an application for Housing Tax Credits so a New Destiny Center SRO (single room occupancy) dorm can be constructed.

New Destiny Center SRO will be a 64-unit building constructed on vacant land next to the administration building on Taylor Road in Clinton, Ohio. The new dorm will provide spacious rooms for the 55 men participating in treatment as well as eight rooms for “dorm deans,” leaving space for two aftercare rooms.

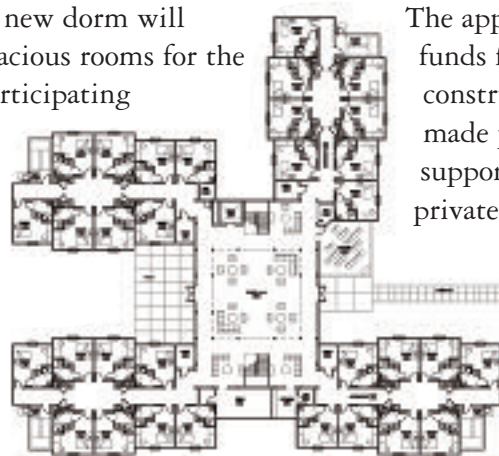
Brian Reeder of Reeder Architects met with staff and

residents to design a building that will promote restoration and peace. The building, depicted below, makes space for socialization, meditation, recreation and self-sufficient living.

“We want a

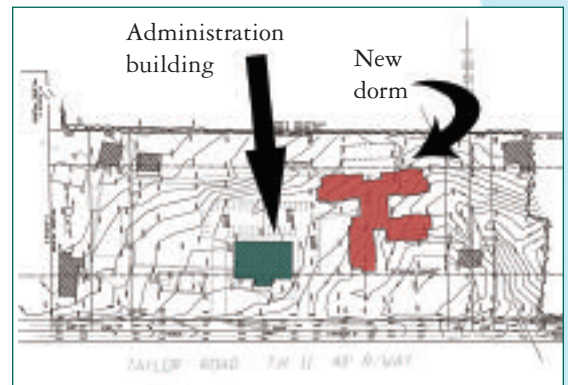


building that fits into the neighborhood and creates a healing environment for the men of New Destiny,” said Reeder.



The application of funds for construction were made possible by the support of many private individuals and public officials.

NDTC is especially thankful for the support of State Senator Ron Amstutz, Ohio State Representative Jim Carmichael and Chippewa Township Trustees Earl Kerr



and Jeff Prebish.

Please consider sending them a letter expressing your appreciation of their support of the New Destiny Center SRO project. You can write to them at:

Senator Amstutz
 Ohio Senate
 The Statehouse
 Columbus, Ohio 43215

Rep. Jim Carmichael
 77 S. High Street
 12th Floor
 Columbus, Ohio 43215

Chippewa Township Trustees
 P. O. Box 265
 Doylestown, Ohio 44230

Why can't they stop? (part 2) *Dr. R.W. Bolois, executive director*

Editor's note: Part 1 of this article appeared in the March 2006 newsletter.

Understanding why addiction is so difficult to stop can perhaps be explained by examining one particular drug and its effects.

Cocaine is a powerfully addictive stimulant that directly affects the brain. There are



two major chemical forms of cocaine: hydrochloride salt and freebase.

Hydrochloride salt (the powdered form of cocaine) dissolves in water. This form of cocaine can be taken intravenously (in the vein) or intranasally (in the nose).

Freebase is a compound that has not been neutralized by an acid to make hydrochloride salt. The freebase form of cocaine can be smoked.

Cocaine is generally sold on the street as a fine, white, crystalline powder known as "coke," "C," "snow," "flake" or "blow." Street dealers generally dilute it with inert substances such as cornstarch, talcum powder, and/or sugar; with active drugs such as procaine (a chemically-related local anesthetic); or with other stimulants such as amphetamines.

Much research has been devoted to understanding how cocaine produces its pleasurable effects and why it is so addictive.

One mechanism is how cocaine affects

brain structures. Scientists have discovered regions within the brain that produce feelings of pleasure when stimulated.

One neural system that appears most affected by cocaine originates in a region called the ventral tegmental area (VTA). VTA nerve cells extend to the region of the brain known as the nucleus accumbens, one of the brain's key pleasure centers.

Researchers discovered that when a pleasurable event is accompanied by a large increase in the amounts of dopamine, users crave more and more of the substance.

As cocaine abuse continues, tolerance often develops. Higher doses and more frequent use are required for the brain to register the same level of pleasure experienced during the first use.

Recent studies show that even after long periods of abstinence, the memory of the euphoria associated with cocaine use—or mere exposure to cues associated with drug use—can trigger tremendous cravings and relapse.

Once an individual tries cocaine, he or she may have difficulty predicting or controlling the extent of future drug use.

Scientists believe that cocaine's stimulant and addictive effects result from its ability to inhibit the reabsorption of dopamine by nerve cells. Dopamine is released as part of the brain's reward system, and it is either directly or indirectly involved in the addictive properties of every major commonly abused drug.

Drug abuse and addiction are complex problems involving biological changes in the brain as well as a myriad of social, familial, and environmental factors.

Addiction treatment also is complex and must address a variety of problems.

Treatment strategies need to assess the mental, physical, social, pharmacological



and spiritual aspects of an individual's drug abuse.

So, why can't they stop?

Actually, they can. It is difficult, but possible.

Therapeutic communities treat the whole person with excellent success. We must never forget that an addict not only needs to learn how to stop using, but he or she must also learn how to live. Learning to live requires the addict to let someone guide his or her life.

This is why we at NDTC believe that Jesus Christ is the answer. Only He provides an inner strength and fortitude to live differently and to live a life worthy of recognition.

God bless every addict who has recovered and is staying clean. They are living proof of what can be accomplished through treatment, self-help groups and the gospel of Jesus Christ.

When the disciples heard this, they were greatly astonished and asked, "Who then can be saved?"

Jesus looked at them and said, "With man this is impossible, but with God all things are possible." Matthew 19:25-26

Booth Brothers to perform benefit concert May 11

Mark your calendars! Renowned southern gospel trio The Booth Brothers will perform a benefit concert for New Destiny Treatment Center Thursday, May 11, 2006. The concert will be held at Akron Baptist Temple (2324 Manchester Rd.) in Akron, Ohio.

A pre-concert meal will be offered. The meal, which will include roast beef and homemade pies, will be prepared by

NDTC cook Ella Norris.

Tickets are \$30 for dinner and the concert and \$15 for concert only. Seating is limited.

For tickets or information, contact Development Director Melinda Holsopple at 330-825-5202 (ext. 120) or at mholsopple@newdestinytc.org.



Friends and supporters invited to celebrate graduation

May 5, 2006 will be a special day for several NDTC men and their families. Graduation from the New Destiny Treatment Center program will be held at 7 p.m. in the chapel at 6694 Taylor Road, Clinton, Ohio.

The men have worked hard during their nine month stay at NDTC to meet all of the qualifications for graduation. The graduation ceremony is a wonderful time to celebrate recovery from the bonds of addiction and restoration of relationships with families and loved ones. "It is our favorite occasion here at NDTC," said Executive Director Dr. Robert Bolois,

"It is just wonderful to celebrate with the men and their families. It is amazing to see how far they have come."

All friends and supporters of NDTC are welcome to the celebration. Join us as we celebrate recovery, redemption and restoration.



Yes, I want to help return husbands to their wives, fathers to their children and sons to their parents.

I am enclosing \$ _____ as a: 900 Club Member (\$100 per month) beginning the month of _____, 200__.

(If partnering with a friend, please include full name and address of partner for tracking purposes.)

Monthly gift (other than 900 Club) Annual gift One-time gift

In memory of: _____ In honor of: _____

I prefer to donate by credit card: Visa MasterCard

Gift amount: \$ _____ Card #: _____ Exp. date: ____/____/____

Signature (required): _____

Name: _____ Address: _____

City: _____ State: _____ Zip: _____

Phone: (____) _____ E-mail: _____

I am unable to contribute at this time, but I want to be a prayer partner for the New Destiny Treatment Center. Please continue sending the *Destiny* newsletter.

Coming soon to a mailbox near you!

The New Destiny Treatment Center ministry could not operate without the sacrificial giving of our supporters. NDTC truly does return husbands to their wives, fathers to their children and sons to their parents.

The organization, in partnership with our supporters, also makes an eternal difference. Broken men are restored when they are introduced to a relationship with Jesus Christ.

Medicaid budget cuts have forced NDTC to develop new strategies to become self-supporting in order to continue changing lives and restoring relationships.

Melinda Holsopple has been hired as development director to create and implement a plan to replace government

funding and seek funding from private foundations, corporations, government sources and individuals.

May 2006 will mark the kick-off for the NDTC membership campaign drive. New Destiny supporters and friends will be asked to commit to participation in a giving program in support of the treatment center. Watch your mailbox for membership materials.

Please prayerfully consider God's role for you in His work at New Destiny Treatment Center. Remember, you are a valued and necessary partner in the NDTC program. We look forward to partnering with you in years to come for the benefit of chemically dependent men. Together, we do make a difference!



Mailing list changes: Requests for change of address or removal from mailing list should be sent to Marlene Brink at (330) 825-5202 or mbrink@newdestinytreatmentcenter.org. Please remember it often takes at least one month for changes to take effect.

CHANGE SERVICE REQUESTED

6694 Taylor Rd.
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A ministry of Barberton Rescue Mission:
New Destiny
Treatment Center



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