

# Destiny

The New Destiny Treatment Center newsletter  
www.newdestinytreatmentcenter.org

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New Destiny  
Treatment Center

## Dino to amaze at October concert

NDTC is pleased to announce that internationally known Christian recording artist Dino will perform a benefit concert for New Destiny Treatment Center Oct. 3, 2008 at Crossroads Community Church in Doylestown, Ohio.



Known as "America's Piano Showman," Dino is quick to say his talent and gift are from God. He is seen and heard by

some 80 million people each year and has played for audiences throughout the world. He is featured weekly on "The Dino Show," on Trinity Broadcasting Network. For the last 12 years, Dino has performed in Branson, Mo. for enormous audiences – and at the end of each show he presents the Gospel.

A home-cooked dinner will be offered before the concert and will feature

homemade bread and desserts. The dinner will begin at 5 p.m. The concert follows at 7 p.m. Tickets are \$15 for the concert only or \$30 for the dinner and concert. Reserved seating will be provided to groups of 15 or more. All proceeds will benefit NDTC. Sponsorships from local businesses are currently being solicited to assist with the costs of hosting the concert.

**Don't delay!** Tickets will go fast. Contact Melinda Holsopple at 330-881-4795 for tickets and additional information.

## Thank you, NDTC!

*NDTC client testimony by Richard Glenn II*

I began drinking and using drugs at an early age. My mom and dad gave me alcohol in small amounts. Before long I started sneaking alcohol from the cooler or refrigerator. I also started smoking marijuana at age seven or eight. I thought it was cool at first, but before I realized it, I was smoking it daily.

I had a rough childhood. I was very young when I was sexually molested by a relative who was 10 years older. This incident eventually led to my parents getting a divorce.

About three or four years after their divorce I had my first run-in with the law. I was placed in the Juvenile Department of Corrections in Ross County for one week for unruliness. However, my unruly behavior grew worse.

When I was about nine years old a next-door neighbor introduced me to inhaling the fumes of petroleum products. I was instantly hooked. I found myself doing it often in order to forget all my troubles.

I felt invincible when I used drugs. However, it got out of control quickly. Before long I was "huffing" every day. At 13 I was badly injured because I passed out and fell during one of my huffing episodes.

Following that incident, my mother put me into foster care because she could not handle the stress I was causing her. I remained in foster care for 42 months.

I was 16 when I was introduced to cocaine. Just as with the other substances, I instantly had a new love.



*NDTC client Richard Glenn II pictured volunteering at the Barbarton New Destinations Thrift Store*

I thought I could control it, but it took control of me. It caused me to steal from my family to support my habit. It took me from my house and forced me to live on the streets trying to survive until the next day or until the next opportunity to use.

*See "Thank you," page 4*

## Alcohol and drugs: part 7

*Dr. R.W. Bolois, executive director*



*Dr. Bolois*

It is important in recovery to start and end well. Many people try to achieve goals in life only to quit half-finished. It takes determination and motivation to keep going, especially when trying to beat addiction.

The difference between people who get stuck in life versus those who don't is in how they view their lives. Overcomers see problems and bad situations as opportunities to prove themselves. We can all learn from other people's mistakes so as to not be caught in the same web.

When an addict tries to live a life free from alcohol or drugs, the devil will do anything and use anyone to throw that person off guard and cause him to stumble.

Our daily work with men in recovery has

revealed factors that may help you if you have had substance abuse problems.

You may feel fully prepared for high-risk situations and yet there are some events that can take you by surprise and act as drinking "triggers."

You cannot predict every trigger, but when the dust settles after one occurs, grab your notebook (your daily record about your recovery) and describe the situation from beginning to end as if you were a detective looking for every tiny clue to solve an important mystery. Using this process even the worst, most upsetting situations can be a surprise only once. Next time, you will be prepared.

Motivation will fluctuate. You feel you can climb any mountain and then events make you feel that even one more step is too much. Sometimes motivation seeps away because of hard work and few results.

The changes you have already made are

just the beginning of a long, ongoing process. It can be especially difficult to stay motivated when you feel like everything you try ends up a disaster. When you start thinking like that, it is easy to run out of steam. There are things you can do to help yourself stay motivated.

First, keep focused on the goal. When adventurous people who climb high, snowcapped mountains are slogging through ice and cold, they stay motivated by keeping one eye on the lofty peak and the other on the details of staying alive and moving forward.

You know what you hope to accomplish with all your work, and you have decided that it is worth the effort. Remind yourself daily of where you are trying to go and how far you have come. Review the distance from where you started to where you are now.

It may be a long time before your life significantly resembles your goal. However, each day your little changes move you closer

*See "Alcohol and drugs," page 3*

## Spirituality and treatment: part 1

*Rev. Lester Rowan, assistant director*



*Rev. Lester Rowan*

Many years ago I wrote an article regarding the Spiritual Formation Class offered at New Destiny Treatment Center. In it I explained the topics I cover with NDTC clients.

I want to discuss the importance of having a spiritual emphasis in treatment. I also want to make a distinction between the spiritual message presented here versus the message in many secular programs.

Nearly all chemical dependency treatment programs stress the importance of spiritual development to successfully recover from addiction and lead a productive life. There is an increasing acknowledgment by treatment "experts" that humans have a spiritual dimension and it must be addressed for wholeness to return.

I believe the primary problem with the spirituality taught by secular programs is the generic approach that refuses to judge or evaluate the validity of spiritual beliefs. The secularization of our society and its institutions has resulted in a consensus that "all roads lead to God." The insistence on "tolerance" has produced a philosophy that all spiritual belief systems are equally valid.

At NDTC we do not follow the secular model. One of our program graduates said it best: "New Destiny staff teaches about a higher power, but they tell us that His name is Jesus!"

We are very open with the fact that our program teaches Christian values. All clients are informed of that fact before they agree to come.

How does spirituality relate to recovery and why is it helpful and important?

In my class I provide a general definition of spirituality that I believe is appropriate for both secular and Christian settings. Spirituality, then, is the acceptance of a reality

beyond the material world that cannot be known or experienced through the normal senses of seeing, hearing, touching, etc.

For example, everyone I know acknowledges the existence of what we call love. Yet, love cannot be fully known or experienced with the five senses. There are many other realities that are beyond the realm of the material world. In my class I

share several examples, including faith, hope, serenity, purpose, etc.

I talk about the importance of spirituality to

*See "Spirituality and treatment," page 4*



## Creative ways to advance the Kingdom

Melinda Holsopple, director of development

Would you like to leave a kingdom-building legacy?

New Destiny has several opportunities for making gifts to the treatment center that will continue to give for years to come. When it comes to planned giving, there are many options. If you are 65 or older, a Charitable Gift Annuity can yield tax deductions and pay you high-interest income every month for the rest of your life.

If you are 50 years old, you can plan for retirement by opening a Deferred Gift Annuity; you will enjoy an immediate tax

deduction and by the time you are 65, earn income as high as 16 percent per year. Another method, a Charitable Lead Trust, is designed to reduce the estate tax burden on your heirs.

One of the most frequently used planned gifts is through a will. Gifts by will to NDTC may be one of three kinds:

1. A general bequest, which provides a specific dollar amount to New Destiny.
2. A residual bequest, which provides NDTC with a specific asset or sum of money for all or a portion of what remains in an estate after other gifts have been made.

3. A remainder bequest, which provides NDTC with a portion of the donor's estate that remains after the death of a life beneficiary.

Bequests to NDTC are fully deductible as charitable gifts for federal estate-tax purposes. If you would like to talk to an estate planner, we can assist in that process.

Please contact us at 330-825-5202 if you would like to discuss leaving a legacy that will be used to return husbands to their wives, fathers to their children and sons to their parents.

### Alcohol and drugs (continued from page 2)

to freedom from addiction. Continue to track all your plans, attempts, and outcomes, and reward yourself for every effort. Those are the details that create success. Count them!

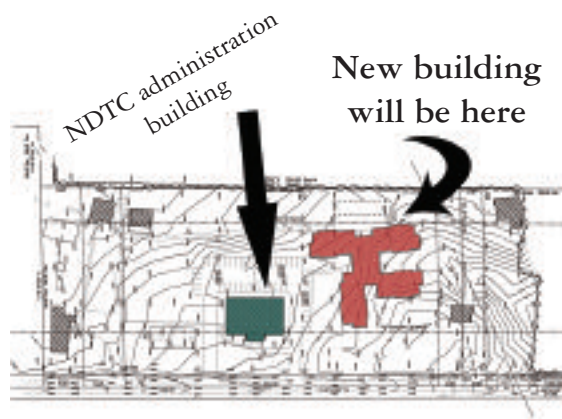
Lastly, never neglect your commitment to Christ. Remember that everything else failed in producing stability in your life. Once on your feet there will be many who will tell you how to keep going and stay sober. However, you know what to do because your life changed dramatically when Christ forgave you of your sin of addiction. Always run to Him.

You will feel weak and fragile at times, but think about the deliverance that took place in your life. Christ did what no one else could do and now there is a power in you that you never experienced before.

You have put a lot of time into your relationship with Christ to learn how to go one day at a time. Only good can come of that relationship. If you quit you not only lose the possibility of realizing your goals, you lose the experience you have had born in your heart through Christ.

You can be a success story. Mistakes, failures and sin will happen. But we are never destroyed because we can get up, confess, and keep going. The last chapter of our life can be written in three words: victory through Christ.

### New Destiny Treatment Center news corner



New Destiny Treatment Center's dream of a new housing facility is closer to reality thanks to a grant from the State of Ohio. More information and pictures to follow next month...

#### **Yes, I want to help return husbands to their wives, fathers to their children, and sons to their parents.**

I am enclosing \$ \_\_\_\_\_ as a:  900 Club Member (\$100 per month) beginning the month of \_\_\_\_\_, 200 \_\_\_\_.

(If partnering with a friend, please include full name and address of partner for tracking purposes.)

Monthly gift (other than 900 Club)  Annual gift  One-time gift

In memory of: \_\_\_\_\_  In honor of: \_\_\_\_\_

I prefer to donate by credit card:  Visa  MasterCard

Gift amount: \$ \_\_\_\_\_ Card #: \_\_\_\_\_ Exp. date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Signature (required): \_\_\_\_\_

Name: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ E-mail: \_\_\_\_\_

I am unable to contribute at this time, but I want to be a prayer partner for the New Destiny Treatment Center. Please continue sending the *Destiny* newsletter.

Thank you (continued from page 1)

I finally found a new hope when my younger sister told me about New Destiny Treatment Center, which she found on the Internet.

Upon arriving at NDTC I was really scared about what was going to happen to me. I even wondered if I would get to see my family again.

It was hard for me to adjust to life at New Destiny at first. After about five months I started coming out of the fog that had surrounded me for so long. Soon I was healthier than I had been in a long time. My family saw a big difference in my life.

I'm very thankful for the program here that

brought me out of addiction and gave my family back to me, and me back to them. I cannot truly express my gratitude for what I have received from New Destiny Treatment Center other than to simply say thank you.

Spirituality and treatment (continued from page 2)

produce a sense of serenity. It comes from a belief or faith that God can take care of all the things in life that I cannot control or change by myself. The "serenity prayer" is commonly used in recovery programs as an expression of this personal desire and choice.

Serenity in life also comes from having a faith that wrongs and injustices in our world will be made right at some future time, and they can be released to the will and control of God as well.

Many alcoholics and addicts use mind-altering

substances to block out anger and frustration over some personal or social injustice. But when they develop a faith that God is in control and will someday rectify every wrong, then peace replaces the bitterness.

Serenity is not the only benefit of spirituality. Genuine spirituality provides a purpose for living, a sense of self-worth, and other qualities that improve life and make it worth living.

It is common that clients seeking treatment for addiction have become spiritually

bankrupt. Their long-term abuse of mind-altering substances has dulled or even eliminated their ability to process spiritual information. Doubts and skepticism are common because of years of spiritual neglect and repeated overriding of conscience.

Next month I will explore the issues of truth and revelation as they relate to personal spiritual beliefs. I hope you benefit from this discussion. Please keep praying that each New Destiny client receives a new spiritual birth and actively seeks to develop and grow in his faith.

Mailing list changes: Requests for change of address or removal from mailing list should be sent to Melinda Holsopple at (330) 825-5202 (ext. 120) or [gholsopple@aol.com](mailto:gholsopple@aol.com). Please remember it often takes at least one month for changes to take effect.

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CHANGE SERVICE REQUESTED

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New Destiny  
Treatment Center



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